

# THE Wesleyan



John Wesley  
United Methodist Church  
The Official  
“Welcoming Congregation”

*open hearts • open minds • open doors*

PO Box 696 • Falmouth, MA 02541 • (508) 548-3050 • [www.jwumcfalmouth.org](http://www.jwumcfalmouth.org)

## Church Office Hours: 9 am to 12 noon

### **PASTOR**

Rev. Dr. David V. Calhoun

### **ASSOCIATE MINISTER OF VISITATION**

Rev. Barbara Brand-James

### **DIRECTOR OF CHRISTIAN EDUCATION**

Rev. Janet Smith-Rushton

### **CHOIR & MUSIC DIRECTOR**

John Yankee

### **KEYBOARDIST**

Dr. Robert Wyatt

### **ADMINISTRATIVE ASSISTANT**

Eva Peterson

### **EDITORS**

Ed & Mary Jane Dyer

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## Pastors Message

There are two kinds of people in this world. Those who are helpless and hopeless—and those who are joyfully hopeful. Would you agree with that? Some would say that this is too simplistic and I would agree. Perhaps it would be better to say there are two kinds of behavior. Behavior which is hopeless and behavior that is hopeful. The truth is, that for most of us we move back and forth between these two extremes.

We have been blessed in life with freedom of will—a gift that reflects God’s own being, God’s own unlimited freedom. In our freedom we must inevitably, if we are honest with ourselves, come to recognize two things: (1) We are in one sense helpless—ultimately we do not control our lives. (2) Even though ultimate control is beyond us we must struggle as Christians to take control of our lives and act with Christian moral responsibility.

We have so much to be joyful and hopeful for at John Wesley Church. Our music program is growing—new people are joining the choir, and many of them are becoming members of the church. Our Sunday School program is also growing. There is a sense of excitement as we begin looking forward to Vacation Bible School this summer. Everywhere we look; there are positive signs of community in our midst. We have hosted the Bell Choir from Cambridge College and the Celebration Ringers and Singers from First United Methodist in Midland, Texas. We are Re-Thinking Church.

We are in a cycle of change, and change for the better requires imagination and vision. It also requires courage and faith in God. If we open our hearts and minds to the new—to new ideas, new people, new opportunities, new leadership, new challenges—change can be invigorating, transforming, and exciting. If we allow it, change will come into our hearts and into our church. On the other-hand we may adopt an attitude of helplessness. We can whine, gnash our teeth fasten onto the present, and glorify the past to sooth our qualms for a moment. When life or God demands that we change, we can celebrate the possibilities or we can complain.

My friends, God has blessed us, let us work together for a brighter future for the church we love!

Your minister

*David*



# WORSHIP SCHEDULE

## July 2010

July 4, 2010

**6th Sunday after Pentecost**

*Readings:* 2 Kings 5:1-14, Psalm 30, Galatians 6:7-16,  
Luke 10:1-11, 16-20

*Liturgist:* Kathy Rogers

*Altar Guild:* Betty Bailey and Pat Dinsmore

*Ushers:* Mel Trott, Betty Bailey, Sandra Berkley, & Henry Brown

July 11, 2010

**7th Sunday after Pentecost**

*Readings:* Amos 7:7-17, Psalm 82, Colossians 1:1-14, Luke 10:25-37

*Liturgist:* Betty Smith

*Altar Guild:* Linda Duane and Brenda Higgins

*Ushers:* Sharon Mulcahy, Janet Brooke, Milton King  
and Greg Brown

July 18, 2010

**8th Sunday after Pentecost**

*Readings:* Amos 8:1-12, Psalm 52, Colossians 1:15-28, Luke 10:38-42

*Liturgist:* Bob Rogers

*Altar Guild:* Andrea Taddeo and Ginny Wass

*Ushers:* Ken Whitcomb, Linda Duane, Barbara Swenson  
and Jackie Johnson

July 25, 2010

**9th Sunday after Pentecost**

*Readings:* Hosea 1:2-10, Psalm 85, Colossians 2: 6-15, Luke 11:1-13

*Liturgist:* Bud Tracy

*Altar Guild:* Sharon Mulcahy and Eileen Rice

*Ushers:* Eric Tinglof, Karen Dean, Carlton Hack and Lorraine Hunt



## Singles- Together Church Fellowship

**S**ingles Together is an opportunity for those who are Single of any age, widowed or divorced, to join with us the first Saturday of most months for lunch, inspiration, fun, and fellowship. We do not have a regular meeting in the summer, but will meet together again in the Fall. Our deepest sympathy goes to the family and friends of Becca Mackey. She was a devoted member of our Fellowship, looking forward each month to our luncheons, and rarely missed an opportunity to be with us. Her kind ways and warm smile will be missed. She lived a long life, into her 90's, and was a blessing to all who knew her. We are grateful to hear that Shirley Smith, another participant in our Fellowship, while still in the hospital, is doing better, and hopes to be back on the Cape soon. Dena Brand is also doing better, and thanks everyone for all the prayers. For further information about this Church Fellowship, call Rev. Barbara Brand-James, 508/495-1659.





**WORSHIP**  
SCHEDULE

**August 2010**

**August 1, 2010**

**10th Sunday after Pentecost**

*Readings:* Hosea 11:1-11, Psalm 107:1-9, 43

*Liturgist:* Karen Camp

*Altar Guild:* Betty Bailey and Pat Dinsmore

*Ushers:* Mel Trott, Betty Bailey, Sandra Berkley, & Henry Brown

**August 8, 2010**

**11th Sunday after Pentecost**

*Readings:* Isaiah 1:1, 10-20, Psalm 50: 1-8, 22-23, Hebrews 11:1-3, 8-16,  
Luke 12:32-40

*Liturgist:* Kathy or Bob Rogers

*Altar Guild:* Linda Duane and Brenda Higgins

*Ushers:* Sharon Mulcahy, Janet Brooke, Milton King and Greg Brown

**August 15, 2010**

**12th Sunday after Pentecost**

*Readings:* Isaiah 5:1-7, Psalm 80 1-2, 8-19, Hebrews 11:29-12:2,  
Luke 12:49-56

*Liturgist:* Bill Ferney

*Altar Guild:* Andrea Taddeo and Ginny Wass

*Ushers:* Ken Whitcomb, Linda Duane, Barbara Swenson and  
Jackie Johnson

**August 22, 2010**

**13th Sunday after Pentecost**

*Readings:* Jeremiah 1:4-10, Psalm 71:1-6, Hebrews 12: 18-29,  
Luke 13: 10-17

*Liturgist:* Ken Peal

*Altar Guild:* Sharon Mulcahy and Eileen Rice

*Ushers:* Eric Tinglof, Karen Dean, Carlton Hack and Lorraine Hunt

**August 29, 2010**

**14th Sunday after Pentecost**

*Readings:* Jeremiah 2:4-13, Psalm 81: 1, 10-16, Hebrews 13:1-8, 15-16,  
Luke 14:1, 7-14

*Liturgist:* Cathy Opaluch

*Altar Guild:* Barbara Swenson and Betty Bailey

*Ushers:* Russell Brown, Dick MacKenzie, Andy Taddeo and Louise Bailey

**THIS**  
**USHERS**  
**MONTH**

Marilyn Mugno (508-564-5283) is *Always Looking For More Ushers To Fill In*. She would appreciate any help you can give our team.

**Head Usher In Bold**

**JULY 2010**

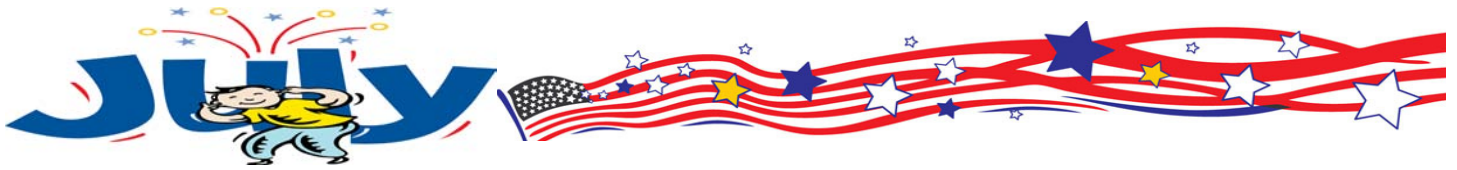
- 4th** Mel Trott, Betty Bailey,  
Sandra Berkley,  
Henry Brown
- 11th** Sharon Mulcahy,  
Janet Brooke, Milton King,  
Greg Brown
- 18th** Ken Whitcomb, Linda Duane,  
Jackie Johnson, Barbara Swenson
- 25th** Eric Tinglof, Karen Dean,  
Lorraine Hunt, Carl Hack

**AUGUST 2010**

- 1st** Mel Trott, Betty Bailey,  
Sandra Berkley,  
Henry Brown
- 8th** Sharon Mulcahy,  
Janet Brooke, Milton King,  
Greg Brown
- 15th** Ken Whitcomb, Linda Duane,  
Jackie Johnson, Barbara Swenson
- 22nd** Eric Tinglof, Karen Dean,  
Lorraine Hunt, Carl Hack
- 29nd** Russell Brown,  
Dick MacKenzie,  
Andy Taddeo, Louise Bailey

**SEPTEMBER 2010**

- 4th** Mel Trott, Betty Bailey,  
Sandra Berkley,  
Carlton Hack
- 11th** Sharon Mulcahy,  
Judith & Richard Bolinder,  
Greg Brown
- 18th** Ken Whitcomb, Linda Duane,  
Jackie Johnson, Barbara Swenson
- 25th** Al Croft, Eric Tinglof,  
Karen Dean, Lorraine Hunt



# Thank You

by Sue MacKenzie  
Lay Leader

**O**ur Church's Conference has taken place (June 27) and now we have some new faces and new talents in some of our church "jobs." Thank you, thank you to all of you (new and old) who have agreed to leadership "jobs," to chair a committee, to be a member of a committee, to lead or to work on a particular event(s), to take on a responsibility that might be a challenge for you or even to work on something that's a bit out of your particular comfort zone! Thank you for agreeing to give of yourself, to fellowship with others, to maybe stretch and to maybe grow.

Thank you for feeling "the nudge" to be of service, thank you for responding to that nudge, thank you for sharing your particular talents and gifts to further God's work in this place and, through this church, even out into the community. Thank you for agreeing to attend meetings (when sometimes meetings might not be our choice of things to do!)

Thank you all for committing and for re-committing your time and your services.

God does love a cheerful giver. Often, we hear this statement with regard to financial giving (and rightly so) but it also applies to all kinds of stewardship. The "cheerful giver" words are from 2 Corinthians, Chap-

ter 9 and I'll quote a bit more of this passage (verses 6-8), New International Version of the Bible.

Remember this: who ever sows sparingly will also reap sparingly, and whoever sows generously will also reap generously. Each man should give what he has decided in his heart to give, not reluctantly or under compulsion, for God loves a cheerful giver. And God is able to make all grace abound to you, so that in all things at all times, having all that you need, you will abound in every good work."

So, "cheers" to all for a grace filled and abundantly productive year ahead at John Wesley United Methodist Church.

# We Need Your Help! The 13th Annual Dinner Dance

**THE FIRST DINNER DANCE  
MEETING THURSDAY,  
JULY 15 AT 7:00**

**THIS IS OUR 13TH  
FUN-RAISER DANCE  
IT WILL BE HELD ON  
NOVEMBER 5, 2010**

by Marilyn Mugno  
508-564-5283

**I**t is time to work on our 13th Dinner Dance that will take place on Friday, November 5th at the Coonamessett Inn. We hope that all of our dedicated committee from the past years will once again provide their skills. Please do not leave us with a big void - cannot do it without you! **HOWEVER**, we are also looking for new people to join us, with new ideas - so that we can have a bigger and better FUN-raiser! There will be a July 15th meeting but the next

one will not take place until September 16th. We just like to get started in July so that we can make everyone aware of the date and people can put it on their calendar.

This dinner/dance is for all ages (singles - couples) - and I know it is hard for the young families to get baby-sitters - but if at all possible we would love to have you. We would love to see you on the committee - there is so much that can be done without attending every meeting. If you could attend one meeting and just hear what is involved so that you would feel comfortable spreading the word to people and make them aware of this lovely event. Dropping off flyers would be a big help. We also have a Save the Date card that we send out - should you know of someone that you think would be interested - sending out a short personal note on our post card has improved our attendance a great deal. Making phone

calls or giving us new contacts is another way. Please consider it.

If you wish more information feel free to call Marilyn Mugno at 508-564-5283. Hope to see you at the July 15th meeting or get a phone call from you. To everyone that reads this Newsletter remember - nearly half of the price of your ticket is profit to this fundraiser - and you are getting hors d'oeuvres (fruit & cheese) - three course dinner and chance of winning a door prize and dancing to The John Salerno Band!





# ALL CHURCH PICNIC

Sunday

**July 25th, 2010**

After the 10:30 Church Service – 3:00 p.m.

At

Goodwill Park (Playground pavilion)

On Gifford St., Falmouth

Hamburgers/Hotdogs/Watermelon supplied

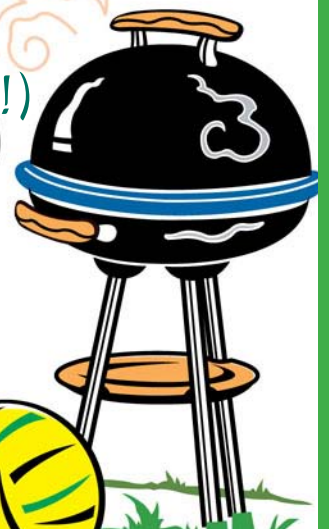
Bring a salad, drink, appetizer or dessert

Come One, Come All (Please sign up!)

For more information call:

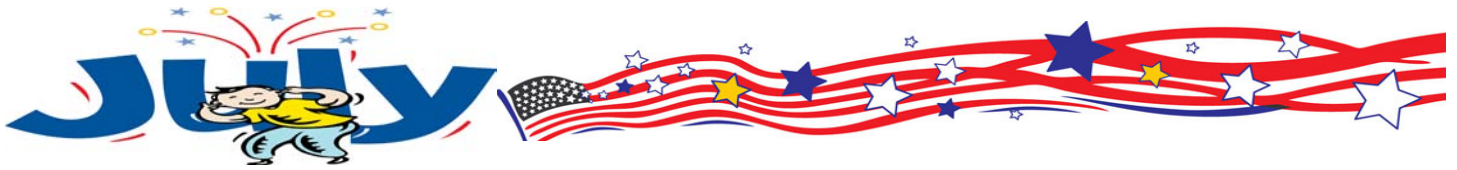
Julie Calhoun @ (508) 540-8260

Or Judy Harbison @ (508) 540-7845



Sponsored by the  
Fellowship Committee





## Educational Ministry



**VACATION BIBLE SCHOOL  
AUGUST 16-20, 2010  
9AM TO NOON**

Galactic Blast: A Cosmic Adventure Praising God is an interactive, energizing, Bible-based program that brings children into a closer relationship with God through Jesus Christ. Children will have opportunities to connect with a powerful but personal

God, a creator whose acts resonate throughout the universe and a friend who touches lives in intimate ways. They will join in offering praise to our wonderful, incredible, amazing, magnificent and awesome God. The VBS GPS (Galactic Praise Satellite) will help cadets catch glimpses of the wonders of the universe – the planet Earth, the Earth's moon, the stars, comets, and supernovas through scripture treasurers and Bible adventures. Save the date for this summer discovery adventure and register today. Cost will be \$20 per student. Some scholarship assistance will be available.

Persons interested in volunteering for set design, promotion materi-

als, teaching or assisting in any way may contact Julie Calhoun at 508-540-8260.

### THANK YOU

Thank you to Richard MacKenzie and Mahoney's Nursery and Garden Center for their assistance in providing the lovely potted plants for Children's Day.

Deep appreciation to all who made my farewell such a special day; the fellowship time, kind words, cards and gifts....I will carry your spirit with me as I begin a new ministry at Old South UMC in Reading.

Blessings, Rev. Jan

**Goodbye  
Rev. Jan**

**We are all going to miss  
you! Thanks for every-  
thing you have done for  
our Sunday School  
program.**

**Good luck in the future!**

## Lay Visitation Team

**T**he Lay Visitation Team is very helpful in adding to the regular visits made by our pastors to those in the hospital, Nursing Homes, and the homebound. They sometimes bring CD's of our Sunday Services, Prayer Shawls, and always pray with those visited. Several members of our Lay Visitation Team have not been well this winter and/or Spring, so less visits were made by the Team. We are especially grateful for those frequent visits made by Linda Duane, Joy Stolz, and Eileen Rice, especially to the Nursing Homes. We have kept the following members of our Team in our prayers for healing: - Marylyn McFarland, Dan Fraunfelter, and Joan Swartz. Two of our Visitors need rides. If you know of someone who would like a visit, call Rev. Barbara Brand-James, 508/495-1659. Any member of our congregation can offer prayers for those who need strength, comfort, and/or healing.



## Wisdom

Joyy Stosz  
April 5, 2010

What is the value of wisdom?  
What is a life really worth,  
Without belief in our Father,  
Maker of heaven and earth?

We strive to acquire wisdom,  
Trusting in God above all,  
Riches will be overflowing  
If we answer to His call.

What merit to gain the whole world  
And in the process lose sight,  
Of nourishing souls with wisdom  
Knowing what's wrong from what's right?

We earn love and understanding  
If we walk in His righteous ways,  
By heeding the  
Ten Commandments  
And giving God his  
due praise.

## Our Community At Work

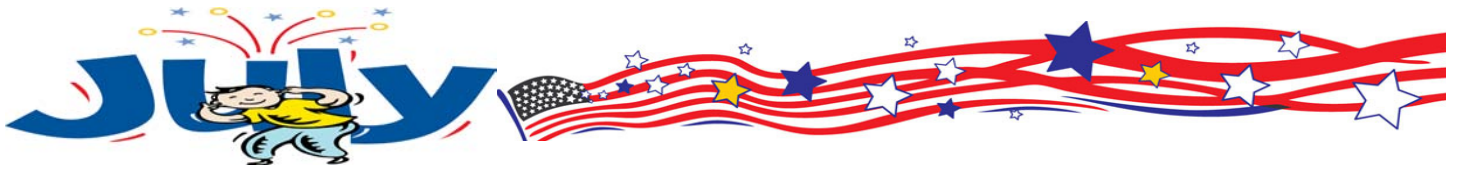
by Suzanne Chaltas

One of the things that brought Paul and me to John Wesley UMC was the heart of its members. So many are or were volunteers in organizations throughout the Upper Cape. The box in the Narthex represents one. Our church has supported Fairwinds Clubhouse in many ways over the past ten years. As a Board Member since my retirement as a staff member I know first hand what the clubhouse does to help adults with mental illness become contributing members of the community. JWUMC has welcomed a number of members – not called clients – as members and regular visitors.

We have the opportunity to support Fairwinds' move to a permanent home. The Friends of Fairwinds and the Falmouth Housing Corp. have joined together in the purchase of 155 Katharine Lee Bates Road, dedicated as the Peter D. Kirwin Fairwinds Center, as a step toward making Fairwinds self-sufficient.

The current goal is to have ten runners in the Falmouth Road Race each sponsored at \$7,000, which will raise \$70,000 to help pay off the mortgage. We are one of several churches in Falmouth which are relying on the generosity of their members and summer visitors between now and August 15 to contribute to that goal.

I thank you in advance for your generosity.



**VACATION  
BIBLE SCHOOL AT  
JOHN WESLEY  
UNITED METHODIST CHURCH**

**Monday – Friday,  
August 16-20th, 2010  
9am-noon**



Cost: \$20.00 per student

All are welcome.

Bring your friends, family and neighbors

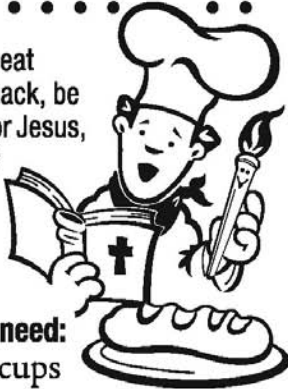
Register TODAY!



August

# BREAD painting

When you eat this fun snack, be thankful for Jesus, who is our Bread of Life.

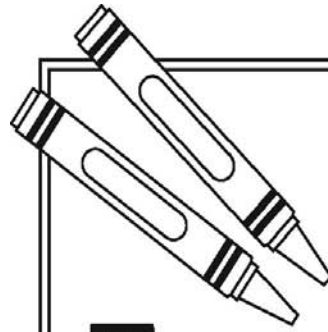


### What you need:

- Small cups
- Milk
- Food coloring
- Clean artist brush
- Slice of bread
- Toaster or toaster oven
- Butter (optional)

### What you do:

1. Decide how many colors you want to use, and set aside one cup for each color.
2. Pour about 1/4 cup of milk into each cup.
3. Add drops of food coloring until you get a bright color.
4. Using a brush, paint a picture or write words (such as a Bible verse) on the slice of bread. Make sure not to get the bread too soaked.
5. When you're finished painting, toast your bread. You can top it with a bit of butter. Enjoy!



## Just for KIDS

# THE BREAD OF LIFE

Jesus knew that people would starve without physical bread to eat and water to drink. But he also knew they would die spiritually if they weren't fed by him.

Find and circle all the words horizontally. Then, starting on the top line and moving across from left to right, read John 6:35 (NIV) and write the Bible verse on the dashes.

### JOHN 6:35

#### WORD LIST

am and be believes  
bread comes I in  
he hungry go He  
life me me never  
to never the of will  
who will thirsty who

t e I r s u v w a m x y z a b t h e i  
j k l m b r e a d n p o f q r l i f e  
d H e e f g h i w h o j k l m n p q r  
b c d f c o m e s g h i j t o k l m e  
n w i l l o p q r s t u n e v e r v w  
z y z b c a g o b c d e f g h i j k l  
m h u n g r y n a n d o p q r s t u v  
w x y z a b c d e f g h i j h e k l m  
w h o n o b e l i e v e s p q r s t u  
v w x y z i n a b c d e f g h i j k l  
m n o p q r s t m e u v w x y z a b c  
d e f w i l l g h i j k l m n o p q r  
s t u v w x y n e v e r z a b c d b e  
f g h i j k l m n o p q t h i r s t y

"I am the bread of life.  
He who comes to me will  
never go hungry, and he  
who believes in me  
will never be thirsty."

Answer: "I am the bread of life. He who comes to me will never go hungry, and he who believes in me will never be thirsty." John 6:35, NIV